

The EPICentre of Learning

Family Learning Conferences: thank you to those of you who have joined us for FLCs this week. The next FLCs are on Monday 10 February 4-7pm, appointment booking system in place. If you have not booked an appointment or have any queries, please contact the school office.

AGM ESA meeting Wednesday 12 February, 3.30pm, in 4BC: Join Us for a 20 minute Annual General Meeting (AGM), which is happening on Wednesday 12 February at 3.30pm in classroom 4BC. This is an important event where we discuss the progress of our ESA and plan for the future, and your input is invaluable. Your children will be able to attend and there will be colouring and table activities for them to do during this time.

Positive Mental Health Workshop -Wed 26 Feb: Would you like to find out about supporting your child's positive mental health and well-being? This workshop will give you the opportunity to explore how we support this in school and how you can support your child at home. If you would like to attend, please let us know using the link provided.

Wednesday 26th February 9:00am in the School Hall <u>OR</u> 5:30pm in the 4S classroom entering the steps next to the main entrance. We look forward to seeing you. Mrs Coville & Mrs Fuller. <u>https://forms.gle/3YJbJnteWt2Dbfwp6</u>

World Book Day: World Book Day is on 6th March. On this day, children will have the choice to dress as a book character or as an adjective. We don't want anyone to buy anything new and we have included some ideas on how to dress as an adjective below. The theme this year is *Read Your Way*. If you would like to take a picture of your children reading 'their way', please send these to the admin email

Friday 7 February 2025

Next week:

Mon 10 Feb: FLCs online and in school

Wed 12 Feb: ESA AGM 3.30pm in 4BC

Fri 14 Feb: Y4 Maths workshop 9-9.45am in the hall

Future dates:

Wed 26 Feb: Mental health workshop 9am OR 5.30pm

Thurs 27 Feb: Y5 Maths workshop 9-9.45am in the hall

Thurs 6 Mar: World Book Day -dress as a book character or adjective

Wed 12 Mar: Y6 Maths workshop 9-9.45am in the hall

Mon 17 Mar: Online Safety Workshop 6.15pm in the hall

Fri 4 Apr: non-pupil day

EASTER HOLS - 7-21 April

address for the attention of Mrs Fuller. She will make a lovely display of these for us.



creative





Year 6 Football Festival: Year 6 took part in a football festival on Wednesday at Dawlish College. Students completed a variety of activities that focused on improving key skills such as passing, dribbling, shooting, and teamwork. They also had the opportunity to play matches alongside other schools, where they could put these skills into action. The children had a fantastic time and came away feeling really proud of themselves and the new skills they had learned.

Changes to pick up: Please could you advise the office if there is a change to who will be picking up your child/children as there have been a few of cases recently where staff have been unable to release children until changes have been confirmed.

Mental Health Update: This week's update includes a link to www.ymcaexeter.org.uk/cwpwellbeing/

This website provides free resources – click on the self help resources tab for support areas including the following:

Mental Health Support for Young People and Families:
Action For Children Children's charity For safe and happy childhoods
Parental Minds
Define Fine – Parent Peer Support for SepSchool Attendance Difficulties
5 children's mental health picture books (happiful.com)
<u>Teen Breathe magazine – Mindfulness & Wellbeing</u>
Papyrus UK Suicide Prevention Prevention of Young Suicide (papyrus-uk.org)
Ambitious about Autism National charity for autistic children and young people
YoungMinds Mental Health Charity For Children And Young People YoungMinds
Childline
<u>The Mix – Essential support for under 25s</u>
The Lily Jo Project Your Online Mental Health Resource
Youth Recovery Program – NoPanic
OCD-UK A national OCD charity, run by, and for people with lived experience of OCD (ocduk.org)
Women's Self Injury Support Services Self Injury Support (rit.org.uk)



This Sunday

9 February

3:30pm to 5:30pm



Come and join us for **Tagliatelle with beans, ice cream and chocolate sauce.** There is no charge but donations are very welcome to help us cover the cost of the food. Please let us know of any allergies. **Our Messy Church meal is for everyone to enjoy so please don't hesitate to join in.**





We will be discovering some of the amazing miracles Jesus performed and the stories he told to help people understand how to be kind to each other.

We will begin with painting

pictures in the church hall.



We ask for all young people to be accompanied by an adult please.

Time: 3:30 to 5:30pm

Place: The Methodist Church, Main Street, Exminster. EX6 8BT

(Near the Post Office)

For more information and to let us know you would like to come please email <u>ab@lovelygarden.plus.com</u>



The EPICentre of Learning



CAMPING



CANOEING



BACKWOODS COOKING



Join

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2nd Exminster





at the Deepway Centre

Open to all children aged 8-10.5yrs Priority for places will be given to those who live in Exminster Subs are around £3.50 per week

To enquire about joining please email exminsterscouts@yahoo.com with your child's name and date of birth

LIFE SKILLS

SHELTER BUILDING



NEW FRIENDS



BADGES!!

